

Mark Mathew Braunstein

Writer & Speaker about
Cannabis & Medical Marijuana

www.MarkBraunstein.Org

Updated September 2022

Public Speaking

- Complete Public Speaking bibliography at: www.markbraunstein.org/bibliographies
- 1997-2003: Interviews about medical marijuana by countless newspapers and network TV news shows, sampler at: <https://youtu.be/cji9DMe7t0o>
- 2003 & 2004: Medicinal Marijuana Symposia, Brown University, Providence, RI
- 2008-22: Lectures about medical marijuana every spring semester to Professor Manuel Lizarralde's Ethnobotany course at Connecticut College
- 2019: two-person dialog with the head of CT's MMJ program: <https://www.scovillelibrary.org/event/medical-cannabis-in-connecticut/>
- 2021 & 2022: Hempstock, North Stonington, CT: <https://hempstockct.com>
- 2022: Author interviews about cannabis on radio & TV talk shows, including: *Cannabis Corner*, posted to YouTube at: <https://youtu.be/mz44lthPcGw?t=1114>
Thinking Green, posted to YouTube at: <https://youtu.be/xvrc56n4vQg?t=63>
Here's to Your Health podcast, on SoundCloud: <https://soundcloud.com/user-791971736/sets/htyh-wk-370-playlist>

Book Author

- Complete 12-page Writer bibliography at: www.markbraunstein.org/bibliographies
- My 6th book, with eBook & audiobook, published 2022 by Rowman & Littlefield:
 - ◉ *Mindful Marijuana Smoking: Health Tips for Cannabis Smokers*
 - ◉ <https://rowman.com/ISBN/9781538156681/Mindful-Marijuana-Smoking-Health-Tips-for-Cannabis-Smokers>
 - ◉ www.amazon.com/Mindful-Marijuana-Smoking-Cannabis-Smokers/dp/1538156679
 - ◉ 13-minute book preview video: <https://youtu.be/EaRsUCKC31g>

Article & Editorial Writer

- Complete 12-page Writer bibliography at: www.markbraunstein.org/bibliographies
- More than 90 articles in glossy magazines, including 18 about cannabis & MMJ:
 - ◉ www.markbraunstein.org/cannabis
 - ◉ www.markbraunstein.org/medical-marijuana

Connecticut Magazine – glossy, glitzy, ritzy monthly magazine

- *I'm a Longtime Medical Marijuana User – And Now I'm a Home-Grower*
 - ◉ pages 28-29 of the January 2022 issue, web reprint at: www.ctinsider.com/connecticutmagazine/health/article/1-m-a-longtime-medical-marijuana-user-and-now-17046610.php
 - ◉ or read it on my website at: www.markbraunstein.org/cannabis

Weed World – British cannabis magazine

- *Playing with Fire: Safer Ways to Tune Up Your Cannabis Ignition System*
 - ◉ pages 26-28 of the Fall 2022 issue 159, read it on my website

Magazine Article & Newspaper Editorial Writer – continued

The Hartford Courant – formerly New England’s 3rd largest circulation newspaper

- *Legal but Out of Reach: Patients, Supplies Face Hurdles*
 - ◉ front page of June 24, 2012 Sunday *Commentary* section
- *A Connecticut Paraplegic Tells His Story: Marijuana Works the Best*
 - ◉ front page of January 12, 1997 Sunday *Commentary* section
 - ◉ web reprint at: www.rxmarijuana.com/Braunstein.htm
 - ◉ web update: spiritofchange.org/Journal-of-Natural-Healing/Marijuana-and-Paraplegia/

Spirit of Change Magazine – New England holistic health quarterly

- *First Aid for Cannabis Smokers* – Spring 2016
 - ◉ web reprint at: www.spiritofchange.org/first-aid-for-cannabis-smokers/
- *Breathe Easy: The Number One Health Tip for Cannabis Smokers* – Spring 2020
 - ◉ web reprint at: <https://www.spiritofchange.org/breathe-easy/>
- *Playing with Fire: Safer Ways to Fire Up Your Herb* – Fall 2022
 - ◉ web reprint at: <https://www.spiritofchange.org/playing-with-fire/>

Treating Yourself – International medical marijuana magazine

Full issues can still be downloaded at: <https://treatingyourself.com/back-issues/>

- *Connecticut Has Legalized Marijuana as Medicine* – Fall 2012
- *Cannabis Therapeutics: A Report on the 2010 Conference* – Summer 2010
- *A Walk on the Wild Side: Paraplegia & Marijuana* – Spring 2009
- *Getting High & Staying Healthy* – Fall 2008

New Mobility – monthly disability magazine

- *Medical Marijuana 2.0: Stirring the Pot* – July 2016 cover story
 - ◉ edited web reprint: newmobility.com/2016/07/medical-marijuana-refined

Hearst Media’s 19 Connecticut newspapers:

“*Opinion: Medical marijuana in Connecticut has problems; Legalizing adult recreational use can fix them,*” published online February 5, 2021; print editions February 7, 2021 in all 6 (later grown to 19) of Hearst’s CT newspapers, including:

- ***The Connecticut Post:***
www.ctpost.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php
- ***New Haven Register:***
www.nhregister.com/opinion/article/Opinion-Medical-marijuana-in-Connecticut-has-15927434.php

“*Opinion: It’s High Time to Grow Your Own Cannabis,*” published November 12, 2021, online in all 19 of Hearst’s Connecticut newspapers, including:

- ***The Connecticut Post:***
www.ctpost.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php
- ***New Haven Register:***
www.nhregister.com/opinion/article/Opinion-It-s-high-time-to-grow-your-own-16612838.php

Magazine Article & Newspaper Editorial Writer – continued

CT Mirror – daily independent online newspaper

- February 22, 2021, updated and expanded version of my *Hearst Media* editorial, “*Medical marijuana in Connecticut has problems*” <https://ctmirror.org/category/ct-viewpoints/medical-marijuana-in-connecticut-has-problems-legalizing-adult-recreational-use-can-fix-them/>
- November 15, 2021, expanded version of my *Hearst Media* editorial, “*It’s High Time to Grow Your Own Cannabis,*” includes 3 of my photos, <https://ctmirror.org/category/ct-viewpoints/its-high-time-to-grow-your-own-cannabis/>

The Day of New London – daily newspaper for Southeastern Connecticut

“*Lives Won’t Go Up in Smoke if Marijuana Used Medicinally*” – May 31, 2007

◉ www.theday.com/article/20070531/DAYARC/305319895

◉ web reprint: www.mapinc.org/drugnews/v07/n672/a11.html

Videos and articles documenting my advocacy for Medical Marijuana

Video playlist at: www.youtube.com/playlist?list=LLXuTm2s2pleM5D28g3gou_Q

- 11-minute compilation from 1997 to 2006 of my early advocacy on network TV news: <https://youtu.be/cji9DMe7t0o>
- My 4-minute 2011 Judiciary Committee testimony: <https://youtu.be/ELmKbYSBM38>
- *Wall Street Journal* 3-minute video for 2014 article: <https://youtu.be/2Zp1DoxodW0>
- My 56-minute 2017 talk to a MMJ support group: <https://youtu.be/K56taXgOIRE>
- My 13-minute slideshow, *Health Tips for Cannabis Smokers*: <https://youtu.be/EaRsUCKC31g>

Three news articles not by me but solely about me as an example of a licensed patient:

- **Wall Street Journal** – November 14, 2014 article: www.WSJ.com/articles/reviews-are-mixed-on-connecticuts-medical-pot-program-1415932220
- **New Mobility** – April 2010 cover story about MMJ (that is I on the cover): <https://newmobility.com/rx-for-pot/>
- **Connecticut Magazine** – April 2019 cover story about cannabis in CT: <https://www.ctinsider.com/connecticutmagazine/health/article/An-Accident-Turned-a-Recreational-User-Into-a-17044490.php>